



October 2017 HEALTH NEWS

Sale Prices Good
October 1-31, 2017

Osteoarthritis

Also known as degenerative arthritis, osteoarthritis is the most common chronic condition of the joints. It can affect any joint, but occurs most often in the hands, back, neck, and weight-bearing joints such as knees, hips, and feet.

In normal joints, a firm, rubbery material called cartilage covers the ends of each bone providing a smooth surface for joint movement and acts as a shock absorber. For people with osteoarthritis, this cartilage deteriorates, resulting in pain, swelling, and problems moving the joint. Over time, bits of bone or cartilage can chip off and float around in the joint. In the final stages of osteoarthritis, the cartilage wears away and bone rubs against bone leading to joint damage and more pain.

To diagnose osteoarthritis, doctors will look at personal and family medical history, perform physical exams, and order diagnostic tests. Risk factors of osteoarthritis can include obesity, getting older, or sustaining a joint injury. There is no cure for osteoarthritis. However, with exercise, maintaining a healthy weight, and improving joint mobility and flexibility symptoms can be effectively managed.



16.59

Abreva
Cold Sore
Treatment
Cream, 2g

5.99

Eucerin
Skin Calming
Lotion, 6.8 fl oz

5.99

Eucerin
Original Healing
or Intensive Repair

- 8.4 fl oz \$5.99
- 16.9 fl oz \$8.49

Save up to 20% off All Tena Products





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3.39

Cepacol
Sore Throat
Lozenges, 16 ct



4.69

Breathe Right
Nasal Strips
• Extra, 10 ct
• Lavender, 10 ct



Breathe Right
Nasal Strips
• Original, 30 ct... \$11.19
• Clear, 30 ct..... \$11.19
• Extra, 25 ct..... \$11.19

6.09

Robitussin
Peak Cold, 4 fl oz
• Multi-Symptom
• Cough + Chest
Congestion DM



7.49

Robitussin
Maximum Strength Severe
Multi-Symptom Cough Cold
+ Flu Day or Night, 4 fl oz



7.89

Robitussin
Maximum Strength Cough, 4 fl oz
• Nighttime Cough DM
• Severe Cough + Sore Throat
• Cough + Chest Congestion



26.59

MiraLAX
Laxative
Powder
45 Dose



1.89

Halls
Throat Drops, 30 ct



14.79

Rhinocort
Children's Allergy
Spray, 60 Dose

Rhinocort
Allergy Spray
• 60 Dose\$14.79
• 120 Dose ... \$21.09



8.29

Lactaid
Fast Act
Caplets or
Chewables
32 ct



4.49

Monistat
Instant Itch
Relief Cream
1 oz



6.69

Monistat
Chafing Relief
Powder Gel
1.5 oz



Monistat
• 7-Day Simple Cure..... \$10.99
• 3-Day Simple Cure..... \$14.29
• 3-Day Cure & Itch Relief \$15.99
• 1-Day Simple Therapy \$15.99
• 1-Day Cure & Itch Relief..... \$18.99
• 1-Day Complete Therapy..... \$18.99

11.99

Lactaid
Caplets
• 12 ct.....\$3.79
• 120 ct... \$11.99



30.29

Florastor
Capsules, 30 ct
• Florastor Plus
• Florastor Pre



Florastor Kids
• Sachets, 20 ct \$18.99
• Sachets, 30 ct \$26.99

Florastor
• Capsules, 20 ct \$18.99
• Capsules, 50 ct \$40.99
• Sachets, 30 ct \$32.99



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FREE

Breast Cancer Screening

Breast cancer is the most common non-skin cancer among American women. This disease occurs when malignant cells form in the tissues of the breast. About one in eight women born in the United States will get breast cancer at some point during their life.

In recent years, there has been a gradual reduction in breast cancer incidence rates among women aged 50 and older. Death rates from breast cancer have been declining since about 1990 due to increased awareness, better treatment options, and earlier detection through improved screening techniques. One method of early detection is through the use of mammograms. To perform a mammogram technicians place the breasts, one at a time, between two plastic plates and expose them to low levels of x-rays. The x-rays create images of the breast tissue which are then viewed by radiologists who will interpret the results. Because mammograms only use low levels of x-rays they are very safe.

Women ages 40 to 49 should talk with their doctor or healthcare provider about when to start having mammograms and how often they need them. Women ages 50 to 74 should have a mammogram every two years. Talk with your healthcare provider to see if you need to have mammograms more often.



CLINICALLY SHOWN TO IMPROVE
MEMORY, CONCENTRATION AND FOCUS!

FOCUSfactor Brain Support 60 tablets 23.99	FOCUSfactor Kids 60 chewables 14.29	FOCUSfactor Brain & Vision 60 tablets 31.99	FOCUSfactor Extra Strength 60 tablets 31.99
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If this statement has not been approved by the Food and Drug Administration, this product is not intended to diagnose, treat, cure, or prevent any disease.

14.29

Flonase
Children's Allergy Relief Spray, 60 Dose

Flonase
Allergy Relief Spray
• 60 Dose\$14.29
• 120 Dose ... \$23.29

16.39

Flonase Sensimist
Allergy Relief Spray
• 60 Dose \$16.39
• 120 Dose ... \$26.99

5.29

Cepacol
Antibacterial
Mouthwash
24 fl oz



3.49

Aquaphor
Lip Repair, 0.35 fl oz
• Immediate Relief
• Plus SPF 30



4.49

Aquaphor
Advanced Therapy
• 2 Pack, 0.35 oz.....\$4.49
• Baby, 3 oz.....\$5.79

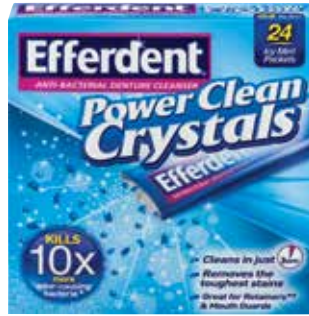


2.59

Effergrip
Denture Adhesive Cream
• 1.5 oz.....\$2.59
• 2.5 oz.....\$3.99

2.59

Efferdent
Power Clean Crystals
Packets, 24 ct



Efferdent
Denture Cleanser
• Tablets, 44 ct.....\$2.59
• Tablets, 126 ct.....\$6.49

3.09

The Doctor's
BrushPicks
275 ct



5.49

Biotene
Dry Mouth Relief
• Spray\$5.49
• Gel\$5.79



5.79

Biotene
Toothpaste
4.3 oz



6.79

Biotene
Gentle Oral Rinse
Mild Mint, 16 fl oz



Biotene
Oral Rinse
• 16 fl oz\$5.79
• 33.8 fl oz\$8.99

25.49

The Doctor's
Advanced
Comfort
Night Guard



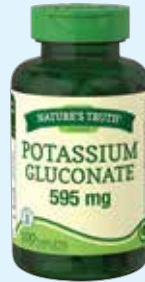
17.29

Osteo Bi-Flex
One Per Day Tablets
• 30 ct.....\$17.29
• 60 ct.....\$24.99



3.45

Nature's Truth
Potassium
Gluconate
Caplets, 100 ct



5.79

Nature's Truth
Ultra Hair, Skin &
Nails Caplets, 60 ct



24.99

Osteo Bi-Flex
Triple Strength
Two Per Day Tablets
• 80 ct.....\$24.99
• 120 ct.....\$33.99



6.99

Nature's Truth
High Potency
Vitamin D3
Softgels, 250 ct



6.99

Nature's Truth
Chewable
Probiotic-10
Tablets, 60 ct



13.29

Nature's Truth
Fish Oil Softgels
250 ct

